

Learn the Risk of Getting Sick with COVID-19

If you get sick with COVID-19, you could put yourself at risk for severe symptoms, a hospital stay, or even death. This sheet will tell you about the risks of severe COVID-19. Use it with the booklet “COVID-19 Vaccines: Learn the Facts to Stay Safe and Protect Others”. This handout is updated with the most current data on the 1st of every month.

Who is more at risk of getting more severe COVID-19?

You may be more at risk to get severe COVID-19 if you are:

- 65 years and older:
 - Only **17 in 100** people in the U.S. are adults 65 years and older.
 - But, adults 65 years and older account for **75 in 100 deaths** from COVID-19.

- African American: Almost **2** African Americans die from COVID-19 for every **1** White person.

- Hispanic: Almost **2** Hispanics die from COVID-19 for every **1** White person.

- American Indian and Alaskan Native: More than **2** American Indians and Alaskan Natives die from COVID-19 for every **1** White person.

Can I still get COVID-19 if I get a vaccine?

Yes. But if you get the vaccine, you are much less likely to have severe symptoms that may cause a hospital stay or death.

- For every **1** fully vaccinated and boosted adult (18 years and older) who **stayed in the hospital** for COVID-19, **5** unvaccinated adults **stayed in the hospital** for COVID-19.
- For every **1** fully vaccinated and boosted person 12 years and older who **died** from COVID-19, **17** unvaccinated people **died** from COVID-19.

Who can get a COVID-19 vaccine?

Most people, **age 5 and older**, can get a COVID-19 vaccine.

Some of the information in this sheet came from:

- The United States Census Bureau: <https://www.census.gov/quickfacts/fact/table/AR,US/PST045219>
- The Centers for Disease Control and Prevention:
 - <https://covid.cdc.gov/covid-data-tracker/#demographics>
 - <https://www.cdc.gov/coronavirus/2019-ncov/covid-data/investigations-discovery/hospitalization-death-by-race-ethnicity.html>
 - <https://covid.cdc.gov/covid-data-tracker/#covidnet-hospitalizations-vaccination>
 - <https://covid.cdc.gov/covid-data-tracker/#rates-by-vaccine-status>